



Learning Disability Day Services Review Update to families March 2022



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Recap: Why review?

This presentation aims to help service providers, stakeholders and community groups understand the future environment for their work and make plans for the future.

It sets out our priorities for Learning Disability (LD) day services, opportunities for providers and how we will work with the market.

It will also be informative for providers already delivering services in Scottish Borders; businesses and community groups looking to develop new activities; organisations which do not currently work in Scottish Borders who wish to do so; people (and carers) who purchase services from their own resources or with a personal budget/Direct Payment.

Commissioning LD day support has been a journey for over 10 years and support arrangements have undergone several re-configurations to ensure that they are fit for purpose.

The last significant review was in 2011 with a shift to more localised support, disinvestment in some buildings based support, and re-investment in Local Area Coordination support.

We need to continue on the journey of modernisation of locally based services, that maximise independence of individuals, ensuring there are some buildings based services for those with the most complex needs.

Our focus needs to continue to shift towards meeting people's outcomes in a variety of settings and models that can respond flexibly.

Recap: The National Context

The Local Context

The Public Bodies (Joint Working)(Scotland) Act

This Act changed how services were commissioned across health & social care in recent years. Setting the framework for the integration of Health & Social Care, this Act required integration partners to prepare a strategic plan for their area, setting out arrangements for the delivery of integration functions and how the national health and wellbeing outcomes will be met. Commissioning of social care services is now the responsibility of integration authorities via health and social care partnerships.

Scottish Government review of social care

The COVID-19 pandemic reset and refocused the agenda on social care. The Review engaged with people and organisations including those who have lived experience of using social care services and supports, carers and families. This resulted in options and recommendations that cut across: funding, delivery, governance and regulation, and how continuous improvement can be assured in social care services.

Self Directed Support (SDS)

SDS Provides four options for people, providing different degrees to which they are directly involved in organising their care. The aim of SDS is to help people live better lives by making sure that people get the kind of support they want - support that is personalised.

The Health & Social Care Partnership Strategic Plan

This Strategic plan 2018-2021 had three aims. That Learning Disability Day Services provide meaningful activity for assessed support needs towards meeting supported people's outcomes and maintaining the health and well being of their carers. In turn this supports the wider aims of the local strategic plan.

Fit for 2024

This programme aims to prepare for and meet the predicted demands for services; the challenges of meeting the needs of our growing older population, the need to grow the economic performance of the area; the far-reaching reforms in Health and Social Care; new requirements in Education; rapid digital transformation as a continuous and permanent feature of our environment; new duties under tackling Poverty and Inequality and budgetary, legislative and regulatory impacts as a re-driving improvement through collaboration.

Scottish Borders Council Local Plan – key areas

- Clean, green future – locally based services
- Fulfilling our potential – outcomes focused individual planning and occupation
- Empowered, vibrant communities – being part of and shaping local communities
- Good health and wellbeing – meeting physical and mental health needs
- Working together, improving lives – of both families and carers

Learning disability specific context

The Keys to Life (2013) and implementation plan

The **keys to life strategy** recognises that people who have a learning disability have the same aspirations and expectations as everyone else and is guided by a vision shaped by the Scottish Government's ambition for all citizens. The 2019-2021 implementation framework focuses on 4 key areas: Healthy life; choice and control; independence; active citizenship.

Principles of Good Transitions 3

The Principles of Good Transitions 3 provides a framework to inform, structure and encourage the continual improvement of support for young people with additional needs between the ages of 14 and 25 who are making the transition to young adult life. It is divided into 8 parts with seven key principles of good transitions. Scottish Borders Learning Disability Services have led improvements in this area locally.

The Charter For Involvement

The **Charter for Involvement** is written by the National **Involvement** Network. It sets out in their own words how supported people want to be **involved** in the support that they get in the organisations that provide their services.



The Local Context

Scottish Borders Learning Disability Strategic Commissioning Plan 2016-19

This strategy set out the commissioning priorities for the Learning Disability Service for the period from 2016 – 19. A key element of this strategy was to review the impacts of the previous review of Day Services. The new strategic commissioning plan was paused during COVID-19 and consultation will be restarted.

Outcomes focused Commissioning

Traditional commissioning of services is the process by which councils would decide how to spend their money to get the best possible services. Our future commissioning will aim to achieve the best possible outcomes for individuals and communities by understanding and accessing collective resources. We must also achieve best value, national quality standards, Equality, keeping people safe and involving them in why, how and what we commission.

Place making

This approach is in line with the Cosla Place Principle for “A more joined-up, collaborative and participative approach to services, land and buildings, across all sectors within a place, enables better outcomes for everyone and increased opportunities for people and communities to shape their own lives”.





Recap: the case for change

Living in post COVID-19 communities

The COVID-19 Pandemic has changed life for everybody over the past year and perhaps for the years to come. We will not return to exactly how things were before.

We need to:

- strengthen resilience and create efficiency through collaboration and innovation
- maximise the use of resources that are both commissioned and community led
- have services tailored to individuals and their communities that are outcomes focussed
- involve people, community groups, the third sector interfaces, organisations and service teams in the commissioning processes
- embrace and use technology by using technology as a partner.

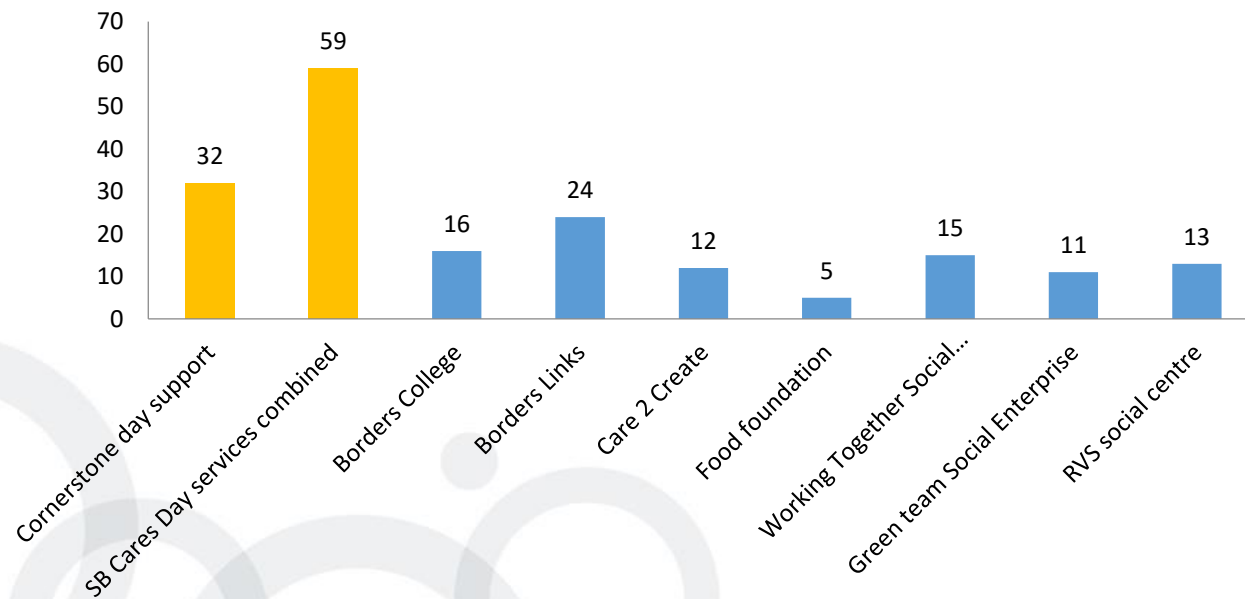




Recap: the case for change

Learning disability service day support data

187 individuals attending a range of day support opportunities as of March 2020 (pre COVID)



Prior to COVID-19 there were 187 adults with learning disabilities attending some form of day time opportunity.

The scope of this review is to modernise the traditional day services within SB Cares and Cornerstone – a total of 6 day centres with 91 attendees.

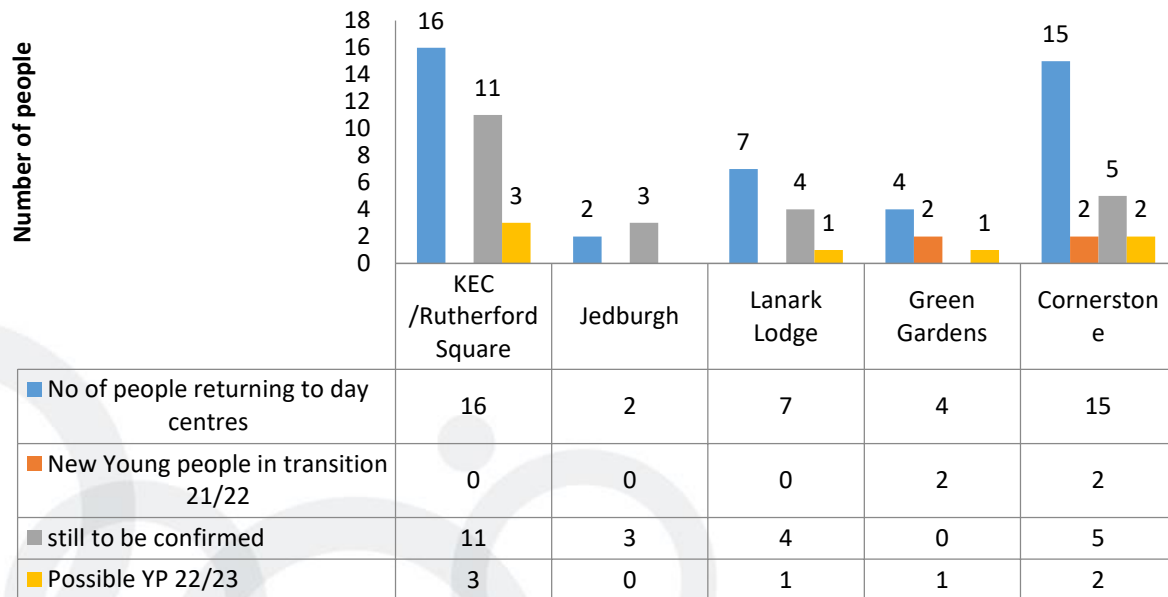




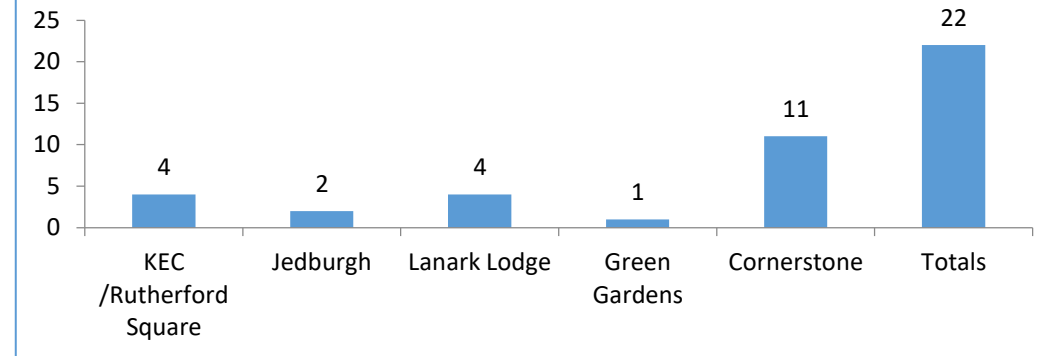
Recap: the case for change

Learning disability service day support data

LD day service review planning data
July 2021



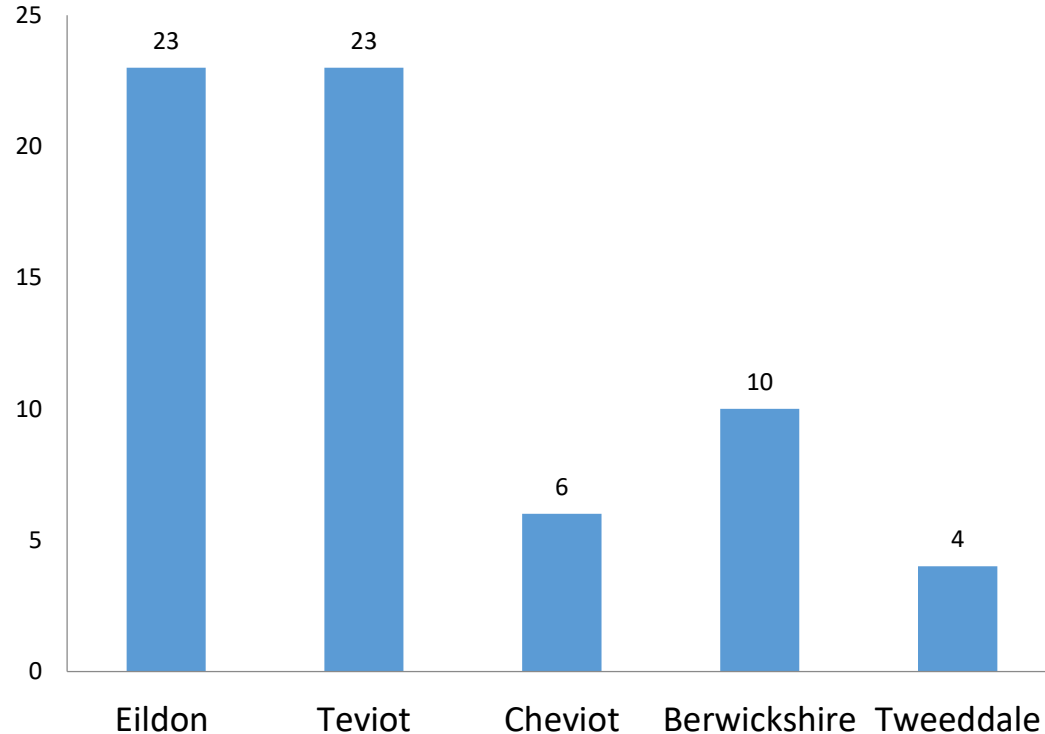
Not returning to day centres 2021





The case for change: Learning disability service day support current data

Number of people requiring LD day centre support by locality Feb 2022



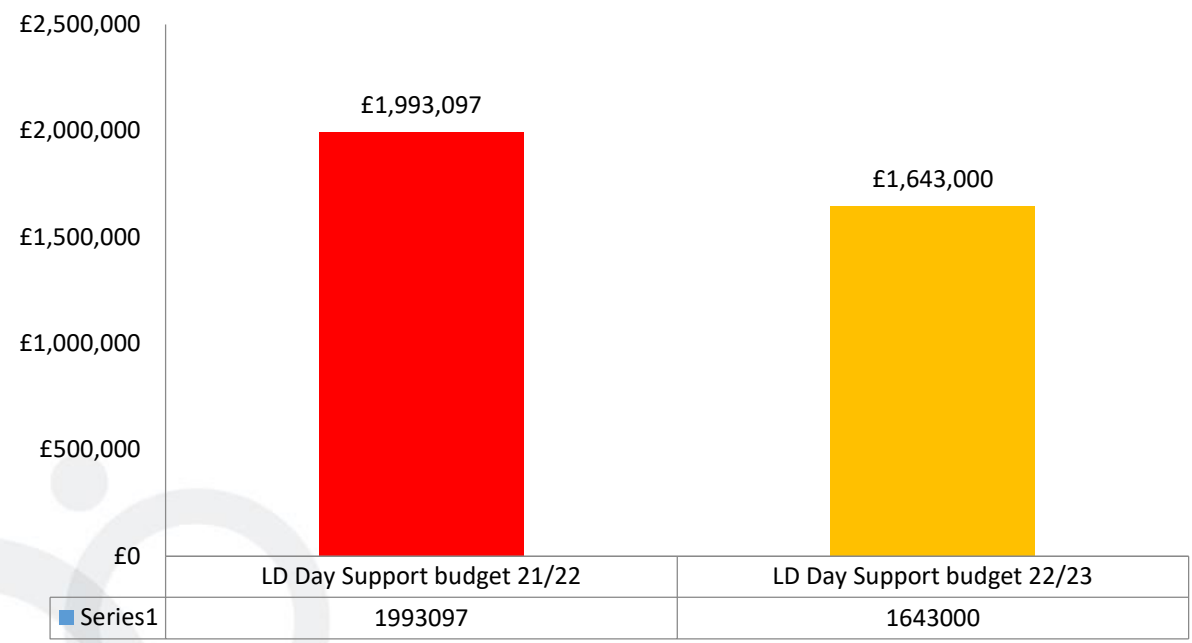
- Mixed model approach: some buildings based; community outreach; home and alternatives e.g. Direct Payments, increased Provider support
- Currently still operating COVID safe 1m distancing



Recap: The case for change

Current & Future levels of council resources

LD Day Support Budget



Within the budget, £350k of efficiencies in LD Day Services are planned over the next 2 years



Recap: Key learning messages from the Independent Review of Adult Social Care (2021)

“Service design and delivery can only improve if people with lived experience are involved in the process. It is impossible to address inequality if the people who experience it are not in the room”

“We heard that our current system too often does not feel like a system at all: it feels like a guddle, and that causes people worry and anxiety”

“People also told us that the threshold for accessing support is too high, and too often meaningful support is only available when people are acutely unwell or in crisis”

“People spoke to us about ‘short-termism’ resulting in providers spending significant time and resources applying and reapplying for contracts”

“We heard that the market approach to commissioning and procurement produces ‘competition, not collaboration’, which, in turn, leads to too much focus on costs rather than high quality, person-centred care and support”



Recap: local consultation events - spring 2021

Having A Good Day

THINKING ALOUD

3 YEARS from now

OUR YEAR OF COVID

WHAT WE HEARD
in
Our listening events
23rd March 2021

WHAT NEEDS TO HAPPEN?

Having A Good Day (Thought bubble):
 - Haven't seen anyone
 - Numbers have halved
 - People are more able to be themselves
 - Sitting in his room
 - Walking the dogs
 - Missing having our own lives apart from each other
 - Donkey sanctuary
 - Carers come but just sit inside together
 - Dreaming of a good nights sleep
 - Missing friends

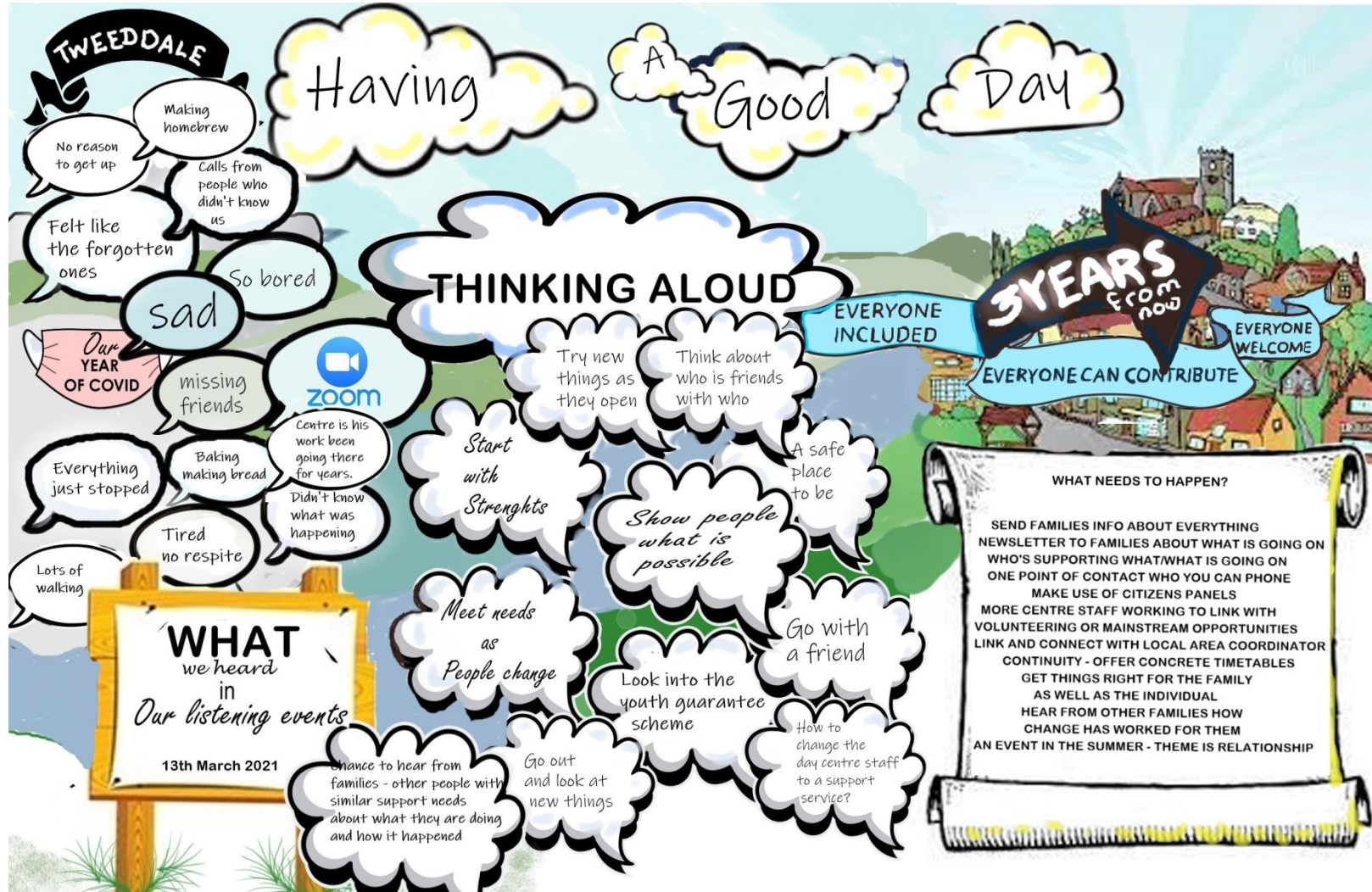
THINKING ALOUD (Thought bubbles):
 - Rent out the building for revenue.
 - A wee hub to go to would be good
 - A community space
 - A place that welcomes people of all ages
 - Freedom to choose
 - Safe
 - Invite others in. Make a community facility.
 - What about people getting to retirement.
 - What about a drop in cafe? We have a lot to offer that others would love to use.
 - Red tape around who can come into the building gets in the way of opening up
 - Could Lanark Lodge open at weekends?
 - Could Lanark Lodge go to bubbles?
 - Could the space be used for a changing space?
 - What about people getting to retirement.

3 YEARS from now (Arrow):
 - A place that welcomes people of all ages

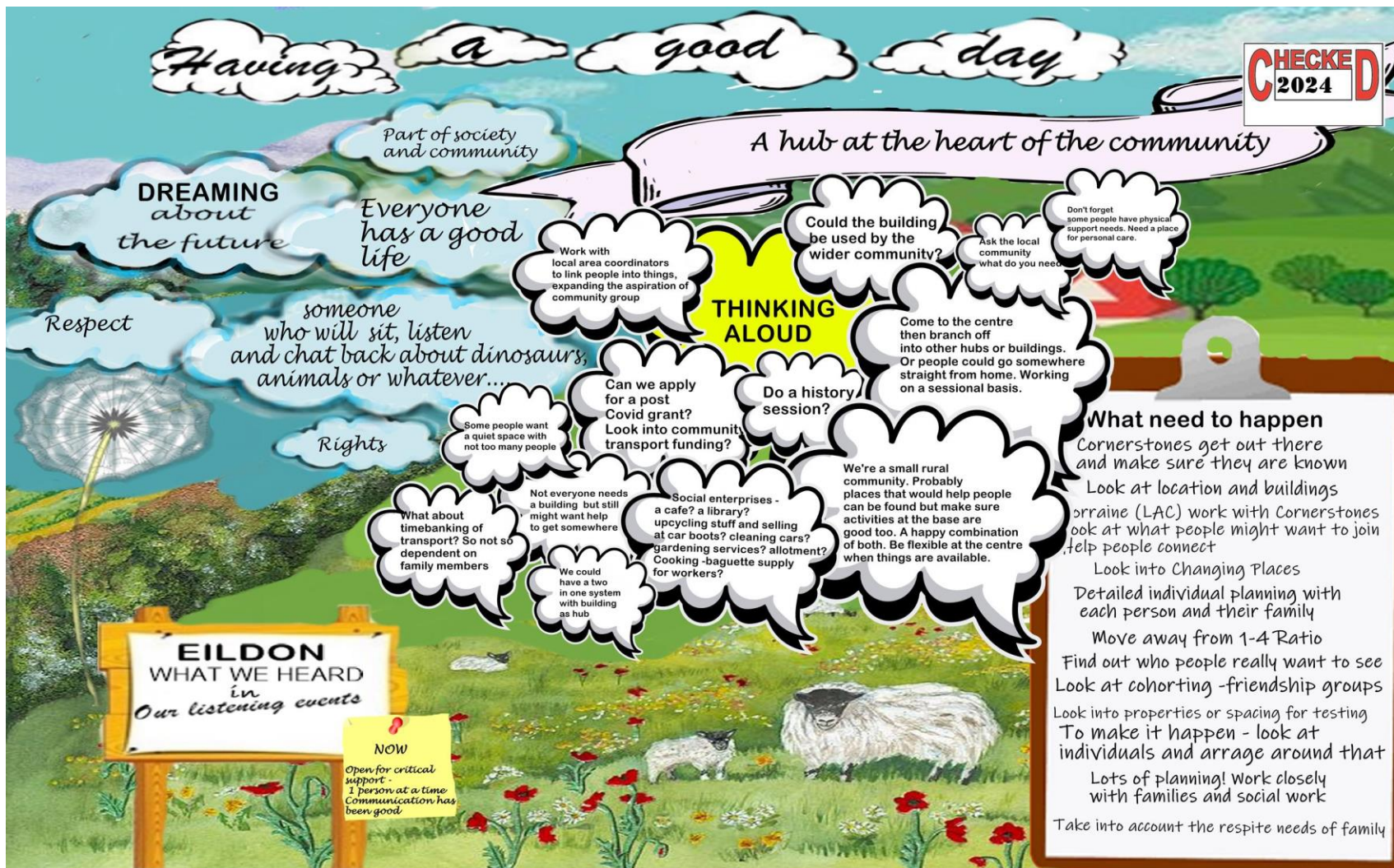
WHAT WE HEARD (Sign):
 - Berwickshire
 - Our listening events
 - 23rd March 2021

WHAT NEEDS TO HAPPEN? (Scroll):
 - Create a space where people can socialise safely
 - Be more visible in the community
 - Chance to see what is possible - see what others have done
 - Open Lanark Lodge up, invite the community in
 - Reeducate the community - get involved in local meetings
 - Support people who use the service to be represented in community groups
 - Explore being a facility like a cafe
 - Explore what everyone -staff and people needing support bring to the services - their gifts and abilities
 - Recognise people's anxieties about coming back
 - Make sure family get a proper break too

Recap: local consultation events - spring 2021



Recap: local consultation events - spring 2021



Having a good day

CHECKED 2024

Part of society and community

A hub at the heart of the community

DREAMING about the future

Everyone has a good life

Work with local area coordinators to link people into things, expanding the aspiration of community group

Could the building be used by the wider community?

Don't forget some people have physical support needs. Need a place for personal care.

Ask the local community what do you need

THINKING ALOUD

Respect

someone who will sit, listen and chat back about dinosaurs, animals or whatever...

Some people want a quiet space with not too many people

Do a history session?

Come to the centre then branch off into other hubs or buildings. Or people could go somewhere straight from home. Working on a sessional basis.

What need to happen

Cornerstones get out there and make sure they are known

Look at location and buildings

Corrine (LAC) work with Cornerstones look at what people might want to join help people connect

Look into Changing Places

Detailed individual planning with each person and their family

Move away from 1-4 Ratio

Find out who people really want to see

Look at cohorting -friendship groups

Look into properties or spacing for testing

To make it happen - look at individuals and arrange around that

Lots of planning! Work closely with families and social work

Take into account the respite needs of family

Rights

Can we apply for a post Covid grant? Look into community transport funding?

Not everyone needs a building but still might want help to get somewhere

What about timebanking of transport? So not so dependent on family members

We could have a two in one system with building as hub

Social enterprises - a cafe? a library? upcycling stuff and selling at car boots? cleaning cars? gardening services? allotment? Cooking -baguette supply for workers?

We're a small rural community. Probably places that would help people can be found but make sure activities at the base are good too. A happy combination of both. Be flexible at the centre when things are available.

EILDON
WHAT WE HEARD
in
Our listening events

NOW
Open for critical support - 1 person at a time
Communication has been good



Recap: 2021 consultation events themes:

We start with people's strengths-

- People develop a **sense of purpose** through what they love doing and how they contribute to others in their local community.
- People develop and maintain **friendships**

The kinds of things people want to do:

- **Outdoor and local opportunities** for people to be part of
- Opportunities for **fitness and wellbeing**
- Opportunities around enjoying and **contributing to others through food**- cooking, baking sharing and growing.
- Opportunities to take part in the **arts, music, local history** and leisure in a way that connects people with like-minded people.
- Opportunities to **try new things, explore** existing and new hobbies, and see what is going on

Enablers and Support to achieve these outcomes:

- People have a **way of getting around**
- Families want **personalised support**
- **Families and people with learning disabilities get a break from one another**
- **Personalised finance options** to increase flexibility of support
- **A place to be** and meet others- which is accessible and can be a place from which to branch out.
- The place we come together, and meet is **open to others in the local community**, rather than a segregated closed space.





Families and Borders Carers Centre

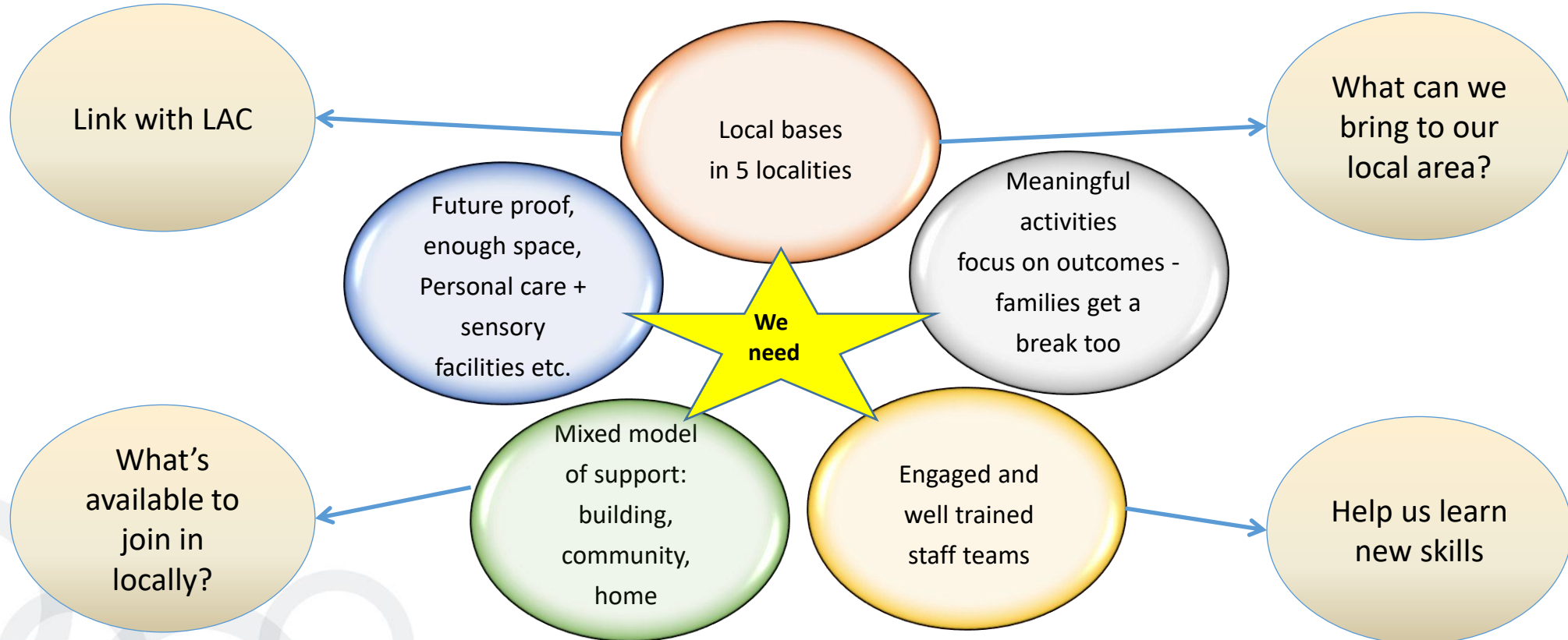
- Met with small group of family carers of young people with learning disabilities Feb 2022
- Parents looking for opportunities for their young people to:
 - learn / grow new life skills
 - meet /make friends
 - be part of their local communities
 - have stimulating and safe environments with access to personal care facilities and support
 - flexible support arrangements



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Day support needs to include:



Updated project timeline



fitfor2024

High level plan

Action	Jun-20	Jul-20	Aug-20	Sep20 Mar 21	Apr-21	May-21	Jun-21	Jul-21	Aug-21	Sep-21	Oct-21	Nov-21	Dec-21	Jan-22	Feb-22	Mar-22	Apr-22	May-22	Jun Aug 22	Sept Oct 22	Nov 22
Paper to CMT	Yellow																				
Engage external consultant support				Yellow																	
gather ideas of what the future could look like				Yellow	Yellow	Yellow	Yellow														
Consult on findings; stat to plan model					Yellow	Yellow	Yellow														
Carry out options appraisal							Yellow	Yellow													
Carry out EQIA on potential new model							Yellow	Yellow							Yellow	Yellow					
Review findings								Yellow							Yellow						
Carry out assessments - agree size of day support needed								Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow	Yellow						
Soft market testing													Yellow			Yellow					
Governance; SLT, IJB										Yellow			Yellow			Yellow		Yellow			
Commissioning process for new model(s)															Yellow	Yellow	Yellow				
Service spec and quality questions																Yellow	Yellow	Yellow			
Preparation for procurement																	Yellow	Yellow			
Procurement processes																			Yellow		
Evaluation																				Yellow	
Award new contract(s)																					Yellow
Implement new model of day support																					Yellow





Summary

- Continue to develop daytime support in line with earlier reviews
- Services need to be locality based in line with national and local strategic direction.
- Services need to support individuals to achieve their outcomes and promote independence and individuality as highlighted through consultation.
- Services need to be provided from within the available budget.
- Build the specification and quality questions – looking for families who might want to take part in this.
- The new service specification will be written and presented to the IJB for directions June 2022.
- A formal commissioning process will begin in the summer with new services from November 2022 onwards.



Questions?

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